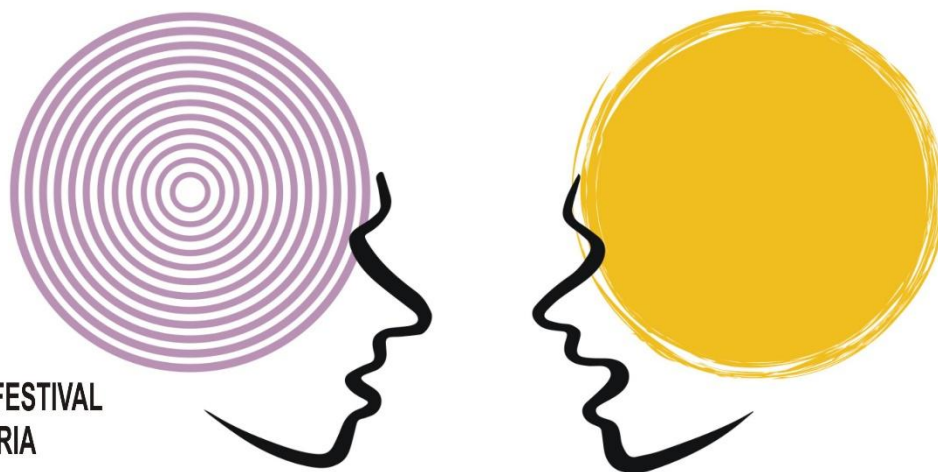


**5<sup>th</sup>**

PSYCHODRAMA FESTIVAL  
PLOVDIV, BULGARIA  
4-7.2.2016



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Organized by – CENTAUR ART Foundation



# **PROGRAMME**

## **EVENTS AND PRESENTERS**

**(The listing in the programmes is made by alphabetical order of the presenters)**

## PSYCHODRAMA PROGRAMME\*

### 1.

**PRESENTERS:** Adriana Chukalova and Nikolai Zlatev

**WORKSHOP:** What is home?

#### **INTRODUCTION AND SUMMARY:**



Home can be a place, a building, a person or a group, a favorite book or a piece of music; it can be fragrance in the wind, the view of the rising sun or rain. The topic of this workshop will be to try to explore a bit deeper some of these questions: What is home for us? Where we feel like home? Where we don't feel it? What makes a certain space to be home for us?

#### **INFORMATION ABOUT THE PRESENTERS:**

**Nikolai Zlatev** and **Adriana Chukalova** are trained in psychodrama at IPIGP "Bernhard Achterberg". They started to work as a team, leading psychodrama

groups in 2008. Some of the participants in those groups are trained to use the psychodrama method in their professional work and others to use their personal potential, gain new knowledge and skills to deal with life, to resolve personal and interpersonal conflicts, etc.

### 2.

**PRESENTERS:** Alexander Petrov M.D. and Svetozar Dimitrov

**WORKSHOP:** **The psychodrama in the patient's discourse** – or in the discourse of those who allowed us to be present in its space, and it just where opens a place in which to prevent us, but with the application (often unconscious) that maybe should be "somewhere else."

**INTRODUCTION AND SUMMARY:** The workshop provides work in a large group, possibly one or two vignettes. Discussions. The meeting will focus on the question "What is to look at himself as "someone else ".

#### **INFORMATION ABOUT THE PRESENTERS:**

##### **Alexander Petrov M.D.**

I graduated Sofia Medical Academy in 1992, and specialized in Neurology and Psychiatry. I completed my specialization in Psychiatry in 1999. I am certified psychodrama therapist since 2003. I have completed training in clinical supervision/intervision in 2012/2013.

I have been practicing group and individual psychotherapy since 1996, initially in rehabilitation department for patients with chronic psychoses. I provide consultations and psychotherapy of adolescents and adults – individual psychodrama with dolls and psychoanalytical psychotherapy. I practice psychoanalysis under supervision. Current psychoanalytical formation in Association “Bulgarian space for psychoanalysis”.

**Svetozar Dimitrov**

Master of degree in clinical psychology; academic assistant in psychology in university of Burgas; educated psychodrama-director, member of educating board of psychodrama –institute “Psychotherapy 2000” for Burgas; psychodrama-director of group for emotional development in Burgas;

Psychodrama activities: director of outpatient supporting group for people with schizophrenic disorder; facilitator of workshops for children from institutions, part of program “Art for social change”; director of psychodrama roll training group for teenagers from institutions; facilitating of process in therapeutic group, focusing on second generation victims of torture and political survivals; individual and group psychotherapy practice; psychotherapist activity with drug-addicted and in residual institution for psychotic patients.

Actual interests in sociodramatic work in middle and big groups; usage of psychodrama in student education and applied qualification of teachers.

### 3.

**PRESENTER:** David Ieroham M.D.

**WORKSHOP:** The direct human experience and psychodrama

**INTRODUCTION AND SUMMARY:**

An attempt will be made to study in action the theoretical fundamentals of psychodrama, sociometry and group therapy.

**INFORMATION ABOUT THE PRESENTER:**

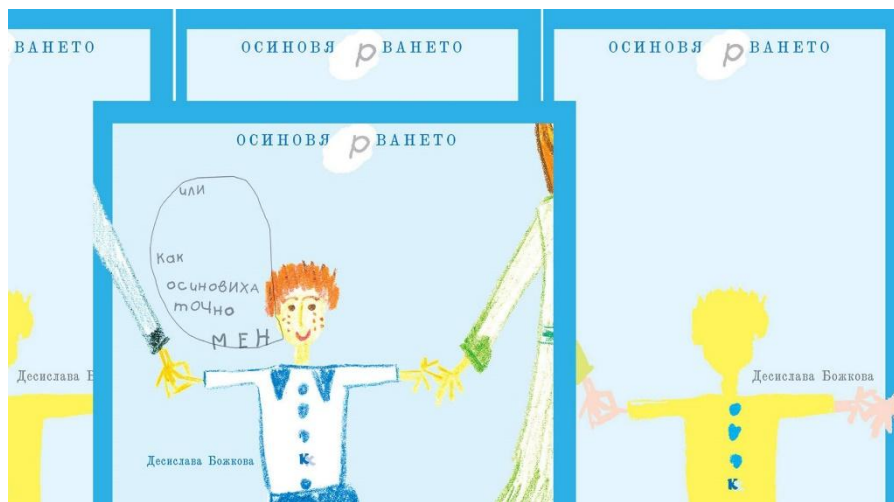
**Dr. David Ieroham** is a psychiatrist and psychodrama therapist with individual and group practice in Sofia. He is a founder and president of “Psychotherapy 2000” Foundation. He is a lecturer in Master’s programme “Artistic psychosocial practices and psychodrama” at NBU. Consultant and supervisor of the social and educational programmes of the Centre for culture and discussions “The Red House”. Cofounder of the Bulgarian society of group analysis and group processes. Publications in the field of psychotherapy, arts and culture.

### 4.

**PRESENTER:** Dessislava Bozhkova

**WORKSHOP:** Adoption III - Position and part of biological parents in the world of the adopted child – Study by Psychodrama event, sociometry and group therapy, Theory of Object relations and Objective reality

**INTRODUCTION AND SUMMARY:**



Speaking for adoption in BG has become more and more freely. The single person as a part of the whole and society, as inseparable systems have expanded and improved the comprehension for a lot of the aspects of the adoption. We now are talking for "lost children". The role and place of the biological parents stay in the background for the

adopted. When a child in his spontaneity dares to ask "Who's my mother?", applicant-adopters, adopters and specialists in the area shrug shoulders, bow down with no reply, as taboo or fear in front of the objective reality.

The workshop will explore the place and role of the biological parents, will seek the forms creating the cross points of fantasy, thoughts, feelings, survival, past experience and theory, will follow the path of the mental picture and how the complex forms project in the objective reality.

Triad, triangulation, triunity or simply three - unique figure containing the sum of the preceding I and II

The workshop is suitable for anyone wishing to broaden their understanding concerning adoption.

#### INFORMATION ABOUT THE PRESENTER:

**Dessislava Bozhkova** is a psychologist specialized in consultative psychology and psychodrama - assistant at „Foundation Psychotherapy– 2000". Member of the Bulgarian Psychology Society and the Bulgarian Association of Psychotherapy. For the last 12 years she is actively taking part in different activities and projects in the psychosocial area. Dessislava Bozhkova is involved with individual, family and group consulting of children and adults, supervising and consulting those working in the assistant professions, has after adoption group for support and group for personal experience. She is a trainer at the Center for Education „Animus Association" with applicant-adopters and adopters.

Her interests are in the area of Psychodrama, sociometry and the group therapy, theory of the object relations and their use as a method for individual and group psychotherapy.

Dessislava Bozhkova is author of the works „The Adoption "" and „The Adoption or How I Got Picked up for Adoption"точно мен".

## 5.



**PRESENTERS:** Evelina Yankova, Petya Pandurova, Kameliya Ivanova

**WORKSHOP:** The critic in me

#### INTRODUCTION AND SUMMARY:

Every person knows his own internal little voice which guides our decisions and monitors our actions. It is our greatest judge, but a trusted friend too. Whether it criticizes us too severely; whether it advises us correctly, preventing us from past mistakes; whether it is a constructive critic or is it breaking the wings of our spontaneity? Do we know where this our accompanying watcher has stemmed

from? Do we know him well? Have we met him consciously?

Within this space and with the help of psychodrama techniques we shall try to make this meeting happen, between ourselves and this so important part, the critic in us that often rules our everyday life.

#### INFORMATION ABOUT THE PRESENTERS:



**Evelina Yankova** – psychodrama assistant, in the end of her training level for psychodrama director at the Institute for Psychodrama practices “CHIRON”. She is a graduate of programme Psychology and member of the Bulgarian society for psychodrama and group therapy since 2009. My interest in psychodrama stem from the group for own experience in which I participated in 2003. Since then I attend all forums, seminars, instructions, schools and trainings related to psychodrama and its application in various spheres - from my psychological to my therapeutic work.

I have participated in an internship programme for work with children, with impairments from 0 to 3 years in a medical and social care institution, and I have interests in this field.



**Petya Pandurova** – I graduated psychology at New Bulgarian University – clinical profile. Specialization: Social work with children and families in risk; consulting clients suffering from eating disorders.

Experience in psychodramatic group (personal experience and training levels) since 2003 till the moment, at the Institute for psychodrama practices “Chiron”. Very soon I am going to graduate as a psychodrama therapist. I am a member of the Bulgarian Association for Psychodrama and Group Therapy since 2009.

I have worked in therapeutic community for treatment and resocialization of addicts – leading groups and individual sessions.

My professional interests are related to the application of the psychodrama method in work with children and adolescents, as well as development of programme encompassing the physical and mental health of patients with eating disorders.



**Kameliya Ivanova** – Upcoming graduation as a psychodrama leader at the Institute for psychodrama practices “CHIRON”. Member of the Bulgarian Association for psychodrama and group therapy since 2009. She has been involved with psychodrama since 2001 and continues to do so presently. Upcoming graduation of University Programme “Psychology”.

I am interested in psychodrama as a way to study and travel towards myself and the others, for understanding and accepting them.

## 6.

**PRESENTER:** Galabina Tarashoeva M.D.

**WORKSHOP:** Spontaneity and its role in health and sickness. Can we measure it, develop it, train it?

#### INTRODUCTION AND SUMMARY:

What is in fact spontaneity? Is it related to anxiety, and if “yes”, what is their relation?

Is it possible to measure spontaneity? Is it possible to enhance spontaneity? Is it influenced by the psychodrama therapy?

With the help of the Spontaneity Test created by prof. David Kipper, applied in the psychodrama group at the Mental health center “Prof. N. Shipkovenski”, we study the change in spontaneity in the treatment of patients with panic disorder.

The participants in this workshop will be able to be acquainted with the spontaneity concept in psychodrama, with the tests for measuring it, and with the results from the study of its role in the psychodrama treatment of panic disorders.

#### **INFORMATION ABOUT THE PRESENTER:**



**Dr. Galabina Tarashoeva**, a pioneer of the psychodrama method in Bulgaria, a **graduate of the Stockholm psychodrama academy and of the European psychodrama institute**. Parallel with her main trainers she was also trained and supervised by **Zerka Moreno**, she has had the chance to work in a team with direct students of Jacob Levi Moreno, such as **prof. David Kipper, Monica Zuretti, Marcia Karp, Ella Mae Shearon, Grete Leutz** and many others. Galabina Tarashoeva opened the Bulgarian door for psychodrama in 1988 by inviting prof. **Rene Marineau (biographer of Jacob Levi Moreno) and Göran Högberg** to a conference in Sofia where they made the first psychodrama workshops in our country. In **1989** she organized the first psychodrama training with main trainers Göran Högberg and Gabrielle Wiesmann-Brun. Being a psychodrama pioneer in Bulgaria and with the support of prof. David Kipper in **1993** she founded the first Psychodrama training center in Bulgaria – Psychodrama Centre Orpheus. After becoming acquainted with the training programmes of centers in Europe, USA, Argentina and Australia, she developed the first for Bulgaria training programme for psychodrama leaders. She is cofounder and first chairman also of the first in Bulgaria psychotherapeutic association, namely the Psychodrama and Group Therapy Association in **1990**. She is cofounder of the Bulgarian Association of psychotherapy and psychological consulting, presently named Bulgarian Psychotherapy Society, of the Psychodrama Institute for Europe (**PiFE (1989 in Amsterdam)**), of the Federation of the European Psychodrama Training Organizations (**FEPTO (1993 in Leuven, Belgium)**). Since 1993 she is a member of the International Association of Group Psychotherapy and Group Process (**IAGP**), and since **202** – **member of the Board of Directors of this organization**. In 2012 she organized also the first training in Bulgaria in psychodrama for children with Fabian Blobel from Germany, upcoming is also the first training programme in our country on psychodrama implementation in the treatment of adolescents. In the past 4 years she coordinates and actively participates in five European projects related to the application of psychodrama in the social field, including with the development of a methodology for the application of the psychodrama method in certain activities. Dr. Tarashoeva works on the first in our country clinical research in the field of psychotherapy – efficiency of psychodrama in panic disorders.

**PRESENTERS:** Galabina Tarashoeva M.D., Daniela Tahirova, Mila Tsalova, Zornitsa Stoyanova, Dimitar Ganchev

**WORKSHOP:** Psychodrama with children according to the method of Alfons Aichinger Alfons Aichinger and Walter Hall – group play, diagnostics, interventions



#### INTRODUCTION AND SUMMARY:

In the Psychodrama Centre Orpheus for the first time in Bulgaria a psychodrama training with children is carried out according to the method of ALFONS AICHINGER AND WALTER HOLL. A team of the trainees from this first group will present some aspects of the psychodrama method with children. The participants in the seminar will be able to meet with their children's phantasies for greatness. They will have the opportunity also to experience or watch an improvisation of a session with children. The challenge will be the participation in the analysis of the structure of the children's' roles and the arising from this analysis ideas for interventions.

#### INFORMATION ABOUT THE PRESENTERS:

**Dr. Galabina Tarashoeva**, a pioneer of the psychodrama method in Bulgaria, a **graduate of the Stockholm psychodrama academy and of the European psychodrama institute**. Parallel with her main trainers she was also trained and supervised by **Zerka Moreno**, she has had the chance to work in a team with direct students of Jacob Levi Moreno, such as **prof. David Kipper, Monica Zuretti, Marcia Karp, Ella Mae Shearon, Grete Leutz** and many others. Galabina Tarashoeva opened the Bulgarian door for psychodrama in 1988 by inviting **prof. Rene Marineau (biographer of Jacob Levi Moreno) and Göran Högberg** to a conference in Sofia



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with the training programmes of centers in Europe, USA, Argentina and Australia, she developed the first for Bulgaria training programme for psychodrama leaders. She is cofounder and first chairman also of the first in Bulgaria psychotherapeutic association, namely the Psychodrama and Group Therapy Association in **1990**. She is cofounder of the Bulgarian Association of psychotherapy and psychological consulting, presently named Bulgarian Psychotherapy Society, of the Psychodrama Institute for Europe (**PiFE**) (**1989 in Amsterdam**), of the Federation of the European Psychodrama Training Organizations (**FEPTO**) (**1993 in Leuven, Belgium**). Since 1993 she is a member of the International Association of Group Psychotherapy and Group Process (**IAGP**), **and since 202 – member of the Board of Directors of this organization**. In 2012 she organized also the first training in Bulgaria in psychodrama for children with Fabian Blobel from Germany, upcoming is also the first training programme in our country on psychodrama implementation in the treatment of adolescents. In the past 4 years she coordinates and actively participates in five European projects related to the application of psychodrama in the social field, including with the development of a methodology for the application of the psychodrama method in certain activities. Dr. Tarashoeva works on the first in our country clinical research in the field of psychotherapy – efficiency of psychodrama in panic disorders.



**Daniela Tahirova** – holder of Master's Degree in child psychology and special pedagogy, family psychotherapist, psychodrama therapist, specializes at Swiss trainers in the method of A.Aichinger regarding therapeutic work with children. Anteriorly, she works in the field of family relations.

**Mila Tsalovais** a philosopher and psychologist. She works on a PhD thesis in social philosophy and she is a psychodrama assistant. She has specialized in "Philosophy with children" and she is undergoing training in "Psychodrama with children – method of Aichinger". She has interests in the field of organizational psychology, methods stimulating spontaneity, creativeness and creative thinking. She provides courses and trainings with children and adults.

**Zornitsa Stoyanova** is a children's and adolescent psychologist. The main challenges and professional "inquisitiveness" are focused on the work with children and adolescents with special needs. In 2012 she participates in the training "Psychodrama for children" with the trainer Fabian Blobel, Germany with the aim to implement and popularize new opportunities for working with the special children in Bulgaria.

**Dimitar Ganchev**, graduates Bachelor's Degree in psychology in 2004. Since 2010 he works as a school psychologist. In 2015 he graduated Master's programme in "Clinical and consultative psychology". He is undergoing training in first level of psychodrama. Since 2012 he is undergoing training organized by Dr. Tarashoeva in psychodrama with children with trainer Fabian Blobel.



8.

**PRESENTERS:** Georgi Damyanov and Kalina Boyadzhieva

**WORKSHOP:** The heritage chest from grandmother and grandfather (blessings, bans and secrets)

**INTRODUCTION AND SUMMARY:**



Grandparents - parents of our parents. These complex figures of male and female, fairies, sages, hooligans, queens and kings, servants, wizards, counselors, custodians of tradition. How they participate in our lives? Sometimes they are an integral part of our daily lives, and sometimes are like characters from a fairy tale, which we visit from time to time. Often they relate in one way to their children - our parents and quite different to us - their grandchildren. Sometimes we feel as if there is some secret between our mothers and fathers and their parents. Relationship for which we do not know, but somehow perceive his peripheral vision. But what of the hearts and souls of our grandparents has come to us? What of their unconscious messages we touched? This workshop will be a psychodramatic exploration of visible and invisible influence of

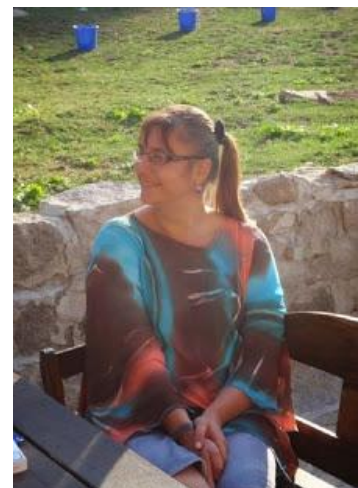
the grandparents on our lives and destiny.

**INFORMATION ABOUT THE PRESENTERS:**



**Georgi Damyanov** – Psychotherapist, Psychodrama leader and trainer at the Institute for Psychodrama practices “CHIRON”. Founder of Psychological Centre “MOBIUS”.

**Kalina Boyadzhieva** – Psychodrama leader at the Institute for Psychodrama practices “CHIRON”, holder of Master’s degree in Informatics, PhD student in Cognitive Psychology, Founder of Psychological Centre “MOBIUS”.



9.



**PRESENTER:** Inna Braneva

**WORKSHOP:** The scent of life

**INTRODUCTION AND SUMMARY:**

Sensuousness as a way towards the unconscious memories, unexpected discoveries, or the known but forgotten long-time ago.... How far and back in time can we go with closed eyes?

**INFORMATION ABOUT THE PRESENTER:**

Psychodrama therapist. Leader of relational psychomotor activities. Since 2003 she works in the field of professional training and supervision; she provides psychological consultations and psychotherapeutic work with children and adults; trainings for personal development. Main training themes: "Art therapy"; "Working in a team, working on a case"; "Relational psychomotor activities"; "Working with parents"; "working with children with difficulties in their development", etc. Co-author of methodics for working with children on the basis of psychodrama and relational psychomotor activities. Script-writer – co-author of two feature movies.

Interested in the tangent points of psychodrama with the art, dances, social work, self-study and development. In the manifestations of the play, and from the psychic in real life, meeting between persons and cultures, mental boundaries, balance and authenticity.

10.

**PRESENTER:** Kalina Marinova

**WORKSHOP:** Psychodrama with fairytales



**INTRODUCTION AND SUMMARY:**

The child established the conception of the world first from the fairytales. They are the space when the child is spontaneous and free to try different roles, virtues and vices. They are also a way the child to know better it's inner world and to express freely it's own emotions. One of the first steps to our growing up and becoming independent individuals we made with tales as a children. That's why we remember the fairytales of our childhood and carry within ourselves for whole life.

The spontaneity, exploration of roles and self-awareness are basic elements both the fairytales

and Psychodrama.

We can explore and find ourselves and the world around us Through Psychodrama. And use that knowledge to be the creators of our own fairytale

## INFORMATION ABOUT THE PRESENTER:

**Kalina Marinova** is a psychologist and psychodrama therapist. Her interests are related to the relationship parent-child, its creation during pregnancy, its development in time and its recovery, if necessary. Therapeutic work with groups of children and adults.

11.

**PRESENTER:** Kameliya Hancheva

**WORKSHOP:** I, myself - the stranger

### INTRODUCTION AND SUMMARY:

Beyond Camus and Hoffmann, somewhere around Freud's concept of the uncanny this workshop is an invitation to scrutinize and experiment with the stranger within every one of us. What are the



manifestations of circumstances and spatial dimensions of estrangement in close relations? Where ends the "at home" feeling? These are the questions you should not expect to be answered...

### INFORMATION ABOUT THE PRESENTER:

Psychodrama therapist, trainer and supervisor (Psychotherapy2000). Attachment and psychoanalytic understanding

of early child development (and development of self in intersubjective perspective); mechanisms of transgenerational transmission; trauma; loss, and mourning are some of the spheres of my more or less long-term quests.

12.

**PRESENTERS:** Kristina Simeonova, Todorka Angelova

**WORKSHOP:** The child in us

### INTRODUCTION AND SUMMARY:

- Hey, I'm Tina and that's Dori. What's your name? Do you want to play with us?
- Yep, I'm Toni. What we are going to play?
- Whatever we want.

There are so many possibilities. Somewhere within... in you, in me, there is a child who wants to play, to dream, to laugh with no reason, to let him/herself to be just happy. Sometimes he/she is sad, a little bit confused or scared. Maybe then need us to comfort him/her. Sometimes that child has no worries, is so curious and swims in love, create new things and jumps with joy. Probably in that case we need him/her. Let's make a brief meeting with him/her. Let's be seekers of forgotten treasures

from childhood and transfer them or not in the present. The workshop is dedicated to the Child in every one of us, to the little things we love. To the opportunities, the wishes, the dreams... to the bravery to want them and to the energy of realize them. To the joy of acting. To the spontaneity. To the things we keep searching when we grow up but forget they stay in us.

#### **INFORMATION ABOUT THE PRESENTERS:**

##### **Kristina Simeonova**

This is the final year of my bachelor's degree program in psychology in New Bulgarian University. I am Psychodrama assistant and currently in a class for Psychodrama Director (Institute for Psychodrama Practices "Chiron", trainers: Kalina Boyadjieva and Georgi Damyanov). I have experience in working with Drug and alcohol addictions in the therapeutic community "Octava". I also have experience as psychosocial worker in the "Mother and baby" unit within the "Animus Association" Foundation.

##### **Todorka Angelova:**

I hold Bachelor Degree in Psychology from the New Bulgarian University. I'm about to graduate with Master Degree in Family counseling. I am Psychodrama assistant and currently in a class for Psychodrama Director (Institute for Psychodrama Practices "Chiron", trainers: Kalina Boyadjieva and Georgi Damyanov). I have experience in working with children through European program against the aggression in schools; families with adopted children through the foundation "ECIP"; mentally ill people, and undergo internship at the prison of Burgas. My interests are in the field of systems, family therapy and psychodrama.

**13.**

**PRESENTER:** Malen Malenov

**WORKSHOP:** How important is it to be serious

#### **INFORMATION ABOUT THE PRESENTER:**

Malen Malenov is a psychotherapist with psychoanalytical and existential orientation. He has experience in the leading of process-oriented psychodrama groups, in the field of addictions, in consultations of children, adolescents and parents, as well as in individual psychoanalytical psychotherapy for different personal and emotional problems. Presently, he works in his private practice and teaches at NBU (Bachelor's Programme in Psychology, Master's programme in Artistic psychosocial practices). He has expressed passion in music and theatrical improvisation.

Malen Malenov graduates psychology at Sofia University St. Kliment Ohridski, and specializes in clinical psychology at New Bulgarian University. Completes his psychotherapeutic training in 2007 and he is certified psychodrama therapist from the Bulgarian Association for psychodrama and group therapy and FERTO. Since 2006, he specializes psychoanalysis at the Psychoanalytical Institute for Eastern Europe with training analysis and supervision in London, Great Britain. Candidate in psychoanalysis of children and adults.

Since 2002 he is a lecturer in New Bulgarian University, Master's programme in Artistic psychosocial practices. Since 2003 he practices as a group leader and psychotherapist, and since 2005 he is a psychologist and psychotherapist at the Centre for psychosocial support in Sofia, where he consults children, youths and their families. He works in the field of addictions as a participant in a therapeutic team and as a clinical psychologist.

14.

**PRESENTERS:** Rositsa Stanulova Byalkova, Andzhelina Nenova

**WORKSHOP:** Which of our views, convictions and beliefs are indeed our own?



**INTRODUCTION AND SUMMARY:**

They say that somewhere deep in the inner world everyone has something which remains unchangeable and unique only to themselves. Unique, distinctive and unchangeable. Often, in our daily life, it happens that we exhibit biases towards entities, people or events, as if these were part of this unchangeable, unique and distinctive inner personal thing. Occasionally it happens that we

get disappointed and hurt, that the things we have invariably believed in and loved are like sand which slipped through our fingers, or a tower that collapsed.

**INFORMATION ABOUT THE PRESENTERS:**

**Rositsa Rumeno Stanulova Byalkova** – psychodrama-therapist from Institute for Psychodramatic Practices ‘Chiron’, psychologist – psychology of development with interest in the possibilities for psychological deficiencies compensation. Member of The Bulgarian Psychological Society (№ 0870) and member of the Minerva Foundation team.

**Aljelina Nenova** - psychodrama-assistant from Institute for Psychodramatic Practices ‘Chiron’, clinical psychologist, psychotherapist – mental illnesses and disorders at Clinical Centre Minerva. Member of: The Bulgarian Psychological Society (№ 0437); Bulgarian Society of Psychodrama and Group Therapy; Bulgarian Psychoanalytical Space Association; Chairperson of Minerva Foundation with focus on psychological and psychosocial support for vulnerable groups.

15.

**PRESENTERS:** Sasha Dimova, Tatyana Encheva

**WORKSHOP:** Touching our inner world through the symbolic

**INTRODUCTION AND SUMMARY:**

We are going to open space in the Circle to create your own mandala and this way to touch a part of your inner universe. Mandala is a Sanscrit word for ‘wheel’ and ‘centre’. It is a picture of a circle which can tell a story, describe a journey that you have set off. On the stage, you will be able to meet the characters that you’ve created and to make a dialog with them to explore them and to provoke them.

Lack of painting skills is welcome as well as their existence.

## INFORMATION ABOUT THE PRESENTERS:



**Sasha Ivanova Dimova** - psychologist, psychotherapist

- \* Master Degrees in Psychology "St. Cyril and St. Methodius" University of Veliko Tarnovo
- \* Psychodrama therapist - Institute of Psychodrama, Individual and Group Psychotherapy "Bernhard Achterberg",
- \* Positive Psychotherapy - diploma from WIPP - Wiesbaden Academy of Positive Psychotherapy
- \* Private practice as a psychologist and psychotherapist - individual and group psychotherapy for children and adults



**Tatyana Encheva** - psychologist, psychotherapist

- \* Master Degree in Psychology - "St. Cyril and St. Methodius" University of Veliko Tarnovo
- \* Psychotherapist- diploma from WIPP - Wiesbaden Academy of Positive Psychotherapy
- \* Psychodrama therapist - Institute of Psychodrama, Individual and Group Psychotherapy "Bernhard Achterberg"
- \* Private practicing psychologist and psychotherapist - individual and group psychotherapy; work with children and adults; work with children and young people with disabilities, supervision of supporting professions

16.

**PRESENTERS:** Svetlina Koleva, Desislava Kaytazova

**WORKSHOP:** The spellbound wood

### INTRODUCTION AND SUMMARY:

The spellbound wood

There is a forest, far from vanity,  
where secret things are hidden.  
Alone I start the search,  
believing that I'm strong and brave.  
But soon it's fear that prevails.  
And then some cracking branches, something's up  
And there I see what I've yearned for.

And now...

Bring along two pinches of bravery and three stalks of curiosity.

### INFORMATION ABOUT THE PRESENTERS:

**Svetlina Koleva** is a psychologist and a certified psychodrama-therapist at Foundation "Psychotherapy 2000". She is a therapist with private practice and leads a psychodrama group for self-experience. She works as an assistant professor at Sofia University "St. Kliment Ohridski" as part of the Master's Program "Child and Adolescent Psychology", teaching a special course "Work with Groups".

**Desislava Kaytazova** is a psychologist, a graduate from the Master's Program "Child and Adolescent Psychology" at Sofia University "St. Kliment Ohridski", and a psychodrama-therapist certified by

Foundation “Psychotherapy 2000”. She has experience with leading psychodrama groups in multi-cultural environment as well as groups in organizational context.

17.

**PRESENTERS:** Teodora Gerginova, Mariela Mihaylova

**WORKSHOP:** The power of the family (Psychodrama meets the systematic approach)



#### **INTRODUCTION AND SUMMARY:**

The world turns in front of us. Huge masses of people are seeking a new beginning in foreign lands. But wherever life takes us, even to the other end of the world we remain deeply connected to our ancestral memory. The fate of refugees from Edirne Thrace and Macedonia, the emigrants from Greece

and Wallachia still lives in the dreams of their descendants. Because the power of our family takes us to the place we come from.

Each one of us is brought up with the tales that recreate the family mythology. Each one of us comes from very far and carries in his soul the hidden presence of the people he originates from.

What does family mean to me? Where are my roots? What family stories shall I take into the future? What messages of my ancestors do I follow?

We shall be waiting for you at our workshop, in order to meet together the power of the family.

#### **INFORMATION ABOUT THE PRESENTERS:**

**Mariela Mihaylova and Teodora Gerginova** are psychodrama therapists, graduates of the Institute for Psychodrama and Individual and Group Therapy “Bernhard Achterberg”, and leaders of personal experience groups at the same institute. They work together in various projects related to psychodrama since 2010.



**Mariela Mihaylova** is a clinical psychologist and psychodrama therapist, holds Master’s degree in Psychology, with specializations in Clinical and consultative psychology and social psychology. He has over 15 years of experience in the training of groups from different social spheres. She has a long-standing experience as a school psychotherapist. She is involved in individual and group psychotherapy, consults children and parent, leads children’s psychodrama groups “I express myself”.



**Teodora Gerginova** is a clinical psychologist and psychodrama therapist, holds Master's degree in clinical and consultative psychology and Social psychology. She graduates training in family therapy at the Institute for Psychodrama and Individual and Group Therapy "Bernhard Achterberg". She has over 10 years of experience in the field of human resources working on assessment and development of staff and leading trainings for development of the personal potential. Presently, she is freely practicing psychotherapist. She is involved with individual, family and group psychotherapy.

**18.**

**PRESENTER:** Tzvetelina Yosifova

**WORKSHOP:** ...

**INTRODUCTION AND SUMMARY:** ...

**INFORMATION ABOUT THE PRESENTER:**

**Tzvetelina Yosifova** is a psychodrama therapist and group analyst with individual and group practice in Sofia. She is founder and director of the Centre for culture and discussions "The red house". She is a lecturer in master's programme "Artistic psychosocial practices and psychodrama" at NBU. Cofounder and chairman of the Board of Directors of the Bulgarian society for group analysis and group processes. She has publications in the field of psychotherapy, arts and culture.

**19.**

**PRESENTERS:** Zlatko Teoharov, Desislava Morozova

**WORKSHOP:** Dinner in February. Postdramatic line in psychodrama

**INTRODUCTION AND SUMMARY:**

Articulation of the structured basis of the psychological process in psychodrama with the introduction of additional stage environment and the implementation of the stage composition obtained after the psychodrama action as a tool for building the "internal stage" of the protagonist.

**INFORMATION ABOUT THE PRESENTERS:**

**Desislava Morozova**

Education: 1999 - 2014:

Full-time PhD student at NBU,

Master's degree in "Artistic psychosocial practices and psychodrama, and "Master's degree in "Scenography" at NBU;

Eight semester training in "Architecture – technology of formation";

Specialization at Yeong Ok Kim on the topic: "The influence of shamanism on the Asian art nowadays", Zurich;

Training in psychodrama and group therapy.

Professional experience: 1997- 2014:

Long-standing part-time lecturer at New Bulgarian University;



Author of spatial installations, graphic installations, and sculptural installations;  
Cofounder and co-author of the International artistic expedition "Torna";  
Author, co-author and leader of workshops in psychodrama, art therapy, and long-term artistic psycho-social projects;  
Author of projects in the field of architectural design, cofounder and designer in Studio for interior and furniture design, and since 2007, having own independent practice.

**Zlatko Teoharov** – psychodrama therapist, lecturer at NBU

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## **USE OF PSYCHODRAMA PROGRAMME \***

**1.**

**PRESENTER:** Inna Braneva

**WORKSHOP:** The child as a symptom of the family – working with families

### **INTRODUCTION AND SUMMARY:**



The child exists even when his parents has forgotten about it. The child hears from the other side of the wall or feels in the look, or in the change of the heart rhythm. If it can't, or if it is forbidden to it, or if it has forbidden itself – then its body is added to the common movement of the family... Study of the relationships within the family, how the type of communications between the adults influences the child.

### **INFORMATION ABOUT THE PRESENTERS:**

Psychodrama therapist. Leader of relational psychomotor activities. Since 2003 she works in the field of professional training and supervision; she provides psychological consultations and psychotherapeutic work with children and adults; trainings for personal development. Main training themes: "Art therapy"; "Working in a team, working on a case"; "Relational psychomotor activities"; "Working with parents"; "working with children with difficulties in their development", etc. Co-author of methodics for working with children on the basis of psychodrama and relational psychomotor activities. Script-writer – co-author of two feature movies.

Interested in the tangent points of psychodrama with the art, dances, social work, self-study and development. In the manifestations of the play, and from the psychic in real life, meeting between persons and cultures, mental boundaries, balance and authenticity.

**PRESENTERS:** Nona Kostadinova, Gergana Petrova

**WORKSHOP:** Psychodrama and business

**INTRODUCTION AND SUMMARY:**

Introduction to “Psychodrama and Business” – an education course for trainers at business organizations by the method of psychodrama.

We aim to provide an alternative for psychodrama trainees, who want to develop themselves in the field of organizational psychology, particularly training and education.

We believe that psychodrama is ultimately applicable in trainings and courses by the use of role-playing games, one of its basic methods. Giving feedback, work on cases and simulations complete the range of psychodrama techniques, specially adapted to the work with organizations.

**INFORMATION ABOUT THE PRESENTERS:**

**Nona Kostadinova**

Psychodrama Director - level completed in 2013 at Chiron Institute under the training and supervision of Milena Mutafchieva and Anjela Hristoforova.

A trainer in psychodrama since 2010, under the supervision of Milena Mutafchieva and Svetlana Nikolkova.

In the beginning of 2015, she launched “Psychodrama and Business” trainer education course, under the supervision of Reijo Kauppila, Finland.

Education

2005 – 2007 New Bulgarian University  
Human Resources – master degree

1995 – 2005 New Bulgarian University  
Psychology – bachelor degree

2010 – 2011 Top Consult  
Specialist in group dynamic training and assessment center

2004 – 2013 Psychodrama center Hiron  
Psychodrama Director

Professional experience

2011 – 2015 UNIQA – insurance company  
Trainer

2010 – 2011 Bulstrad Life - insurance company  
Trainer

2008 – 2009 Grawe – insurance company  
Human resources specialist

2007 – 2008 Mag Studio – web company  
Human resources specialist

2006 – 2007 ITX Consult – HR agency  
Human resources specialist

**Gergana Petrova**

Psychodrama Director - level completed in 2014 at Chiron Institute under the training and supervision of Milena Mutafchieva and Anjela Hristoforova.

In the beginning of 2015, she launched “Psychodrama and Business” trainer education course, under the supervision of Reijo Kauppila, Finland.

Education

Sofia University "St. Kliment Ohridski"  
Master Statistics / Bachelor Mathematics

2006 – 2014 Psychodrama center Chiron

Psychodrama Director  
Professional experience  
2012 – 2015 All Channels Communication Group  
Media Manager  
2012 – 2012 AMI Communication  
Senior Account Manager  
2000 – 2012 Economedia  
Deputy Advertising Director – Economedia  
Advertising Manager - Capital Weekly  
Trainer in-house sales workshops and training for interns and new employees.

**3.**

**PRESENTER:** Rositza Chernokozheva

**WORKSHOP:** Dream – play – literature

**INTRODUCTION AND SUMMARY:**

The workshop proves the possibilities for application of the psychodrama in school. Through the literary text / in this case texts from literature for children/ by the means of the psychodrama – role-playing games, psychodramatical vignettes – is achieved a new self-awareness. Through the dream, the play, memories of the childhood, we become more ourselves.

The workshop is intended for students, teachers and everyone who keeps the child in himself.

**INFORMATION ABOUT THE PRESENTER:**

Rositza Chernokozheva is literary scholar in the Institute for Literature – Bulgarian Academy of Sciences. She works in the field of applied psychoanalyses – psychoanalytical readings of the literature, in particular literature for children.

She has a Masters degree in “Artistic psycho-social practices and psychodrama” and is a psychodrama-assistant in the Foundation “Psychotherapy 2000”. She works with teachers and students, applying the psychodramatical methods through the literature in school.

**4.**

**PRESENTER:** Svetozar Dimitrov

**WORKSHOP:** Replacing chaos with a mirror – or the inclusion of psychodrama in the therapeutic atelier with psychotic institutionalized patients

**INTRODUCTION AND SUMMARY:**

The workshop will to present efforts and difficulties in building space experiential expression in residual mental health institution. Contact with patients uses psychodrama method as way of thinking and relations, doubling, work in mirror, monodrama etudes and some stage vignettes. The focus is on insisting for meeting, which can help reorganizing the personal feeling for dignity facing chaos in relationships and annihilation by people with severe mental suffering.

**INFORMATION ABOUT THE PRESENTER:**

Master of degree in clinical psychology; academic assistant in psychology in university of Burgas; educated psychodrama-director, member of educating board of psychodrama –institute “Psychotherapy 2000” for Burgas; psychodrama-director of group for emotional development in Burgas;

Psychodrama activities: director of outpatient supporting group for people with schizophrenic disorder; facilitator of workshops for children from institutions, part of program “Art for social change”; director of psychodrama roll training group for teenagers from institutions; facilitating of process in therapeutic group, focusing on second generation victims of torture and political survivals; individual and group psychotherapy practice; psychotherapist activity with drug-addicted and in residual institution for psychotic patients.

Actual interests in sociodramatic work in middle and big groups; usage of psychodrama in student education and applied qualification of teachers.

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## **PROGRAMME «WITHOUT REFUGE»\***

### **1.**

**PRESENTER:** Desislava Daskalova

**WORKSHOP:** Beyond fear or Sans Famille

#### **INTRODUCTION AND SUMMARY:**

This theme is related to people who have suffered domestic violence. How things lead to this? What happens? And how should they seek help? Violence may manifest in the interpersonal relations, in the relations of the subject with the different social institutions, as well as in the different communities. It can manifest itself in the family, and here the victims may be women and children.



#### **INFORMATION ABOUT THE PRESENTER:**

Since 2007 I have been working as a psychologist. In my work I apply techniques and concepts from various therapeutic schools: Cognitive-behavioral therapy; Psychodrama and Art therapy. Above all I trust my intuition and I think that every person has to seek his development and self-improvement. A member of the Bulgarian Society of psychologists; ANVOLT (IT ) – International organization for supporting Third world countries; ARCOBALENO ONLUS (It) - Italian organization for help and support of people in need; Association for Behavior Analysis International; ASA – Autism Society - USA.

I graduated Plovdiv University Paisii Hilendarski, Master’s degree in Consultative psychology, and specialization in Clinical psychology. I continued my education in modules of psychodiagnostics, art therapy, and approaches for work with children with aggressive behavior, systematic approach for work with families, etc. I am continuing my education for psychotherapist in Cognitive-behavioral therapy. My teachers, my personal therapy and the seminars on the method for reality management helped me to form my own individual style of psychological consulting.

## 2.

**PRESENTERS:** Elena Komisarova, Malen Malenov

**WORKSHOP:** The loneliness of the psychotherapist

### **INTRODUCTION AND SUMMARY:**

Therapist and patient, face to face. One couple – accidentally or not – People who met each other. They talk about some very unclear, hidden and important things. Two questions without a clear answer. The psychotherapist possesses knowledge that is never enough. He is summoned to give answers to impossible questions. The patient is without refuge – the therapist is the person who seeks one for him. He is a mirror of his image.

The loneliness of the therapist is mainly unrequitedness. He sits behind the mirror in the twilight. Where to seek our reflection?

### **INFORMATION ABOUT THE PRESENTERS:**

**Elena Komisarova:** Psychologist, psychodrama therapist, member of the Bulgarian society for Lacanian psychoanalysis.

My practice consists of psychotherapeutic work with children and families that are faced with difficulties in their social functions. Psychotherapy of young people with mental suffering, accommodated in foster families. Leader of therapeutic children's group for children, as well as workshops for development. Psychoanalytical work with children within the autistic specter aged 3-7 years.

**Malen Malenov** is a psychotherapist with psychoanalytical and existential orientation. He has experience in the leading of process-oriented psychodrama groups, in the field of addictions, in consultations of children, adolescents and parents, as well as in individual psychoanalytical psychotherapy for different personal and emotional problems. Presently, he works in his private practice and teaches at NBU (Bachelor's Programme in Psychology, Master's programme in Artistic psychosocial practices). He has expressed passion in music and theatrical improvisation.

Malen Malenov graduates psychology at Sofia University St. Kliment Ohridski, and specializes in clinical psychology at New Bulgarian University. Completes his psychotherapeutic training in 2007 and he is certified psychodrama therapist from the Bulgarian Association for psychodrama and group therapy and FERTO. Since 2006, he specializes psychoanalysis at the Psychoanalytical Institute for Eastern Europe with training analysis and supervision in London, Great Britain. Candidate in psychoanalysis of children and adults.

Since 2002 he is a lecturer in New Bulgarian University, Master's programme in Artistic psychosocial practices. Since 2003 he practices as a group leader and psychotherapist, and since 2005 he is a psychologist and psychotherapist at the Centre for psychosocial support in Sofia, where he consults children, youths and their families. He works in the field of addictions as a participant in a therapeutic team and as a clinical psychologist.

## 3.

**PRESENTERS:** Elena Videlova, Elena Evstatieva/Yoncheva

**WORKSHOP:** The refuge of roles – without the refuge of identity



## INTRODUCTION AND SUMMARY:

Each role is a set consisting of behavior, rights, obligations, beliefs, norms related to our social status and position. Each role is a mask, a refuge, security.

The comfort in each role is different.

The issue we suggest to study together in this workshop is, to what extent the role providing some security of the personal performance does not leave without a refuge the same person.

## INFORMATION ABOUT THE PRESENTERS:



**Elena Videlova:** I met psychodrama a long time ago without knowing that this was She. Later I started training myself and I think that this is the method that has attributed to greatest extent for my professional and personal development. Soon I will graduate assistant level in the training programme of Psychotherapy 2000 Foundation. I studied clinical and social work at New Bulgarian University. I specialized in the field of Organizational behavior and I am a trainer in group dynamic training. For a long time I was involved with training of adults and I worked with groups in a team with psychodramatists. During the last several years I mainly provide online consulting. I use psychodrama in my work and I think that it gives me the great freedom to “touch” the client.



**Elena Evstatieva/Yoncheva** is a psychodrama therapist, graduate of the full educational course in psychodrama at the Institute for Psychodrama and Individual and Group Psychotherapy “Bernhard Achtenberg”. Since 2009 she is a full-fledged member of the Bulgarian Association for Psychodrama and Group Therapy. She has presented her work with the method at: Workshop “Dimensions of the time for intrapsychic change in psychodrama and the other therapeutic and training methods for group work”, with presenters Lyudmila Marinova and Elena Ebstatieva (Yoncheva), (Second National Conference “Psychodrama meets Psychodrama”, November 2009, city of Sofia); And Workshop “Psychodrama and institutions: group process and meta-process”, with presenter Elena Ebstatieva (Yoncheva), (Jubilee conference “Invitation for a meeting ... 10 years later” at Institute for Psychodrama and Individual and Group Psychotherapy “Bernhard Achtenberg”, March 2014).

4.

**PRESENTERS:** Kristina Nenova, Hristo Hadzhimarinov

**WORKSHOP:** Along the Steps of Vulnerability

## **INTRODUCTION AND SUMMARY:**

The psychodrama workshop will give you the possibility to work with the topic of vulnerability. Hansel and Gretel will support you during your way to vulnerability; you will find out more about what causes it or what makes it stronger, you will meet your own vulnerability as a result from situations which are not under your control or which you have as a heritage; on one hand, you will look for the possible connections between your own vulnerability and the vulnerability of your parents, on the other hand, you will have the possibility to explore the connection between your own vulnerability and the vulnerability of the refugees who are looking for a new home in Bulgaria.



## **INFORMATION ABOUT THE PRESENTERS:**

### **Kristina Nenova**

I have received my bachelor's degree in Psychology and my master's degree in Cognitive science at New Bulgarian University. I work at Animus Association Foundation for six years. I have been working with the method of psychodrama with children and adolescents suffering from different forms of violence, I have used the method also in terms of prevention of violence and human trafficking. I've also worked with children and adolescents who live in residential care facilities. I have gained most of my experience as psychotherapist in the field of vulnerability caused by traumatic experience in the past. I have empowered children and young people to be active on the issues which are important for them and also to be aware about their rights. I have the same professional interests in my individual psychotherapy. I have worked with traumatic experience caused by violence. I have also worked with topics such as mourning and lost anxiety disorders, eating disorders, etc. My interests are related to transgenerational trauma caused by totalitarian regimes and to the way it affects our society today.

### **Hristo Hadzhimarinov**

Graduate of Bachelor's programme in Psychology at Sofia University St. Kliment Ohridski, studied Master's programme in Cognitive sciences at New Bulgarian University. Defended training level of Psychodrama assistant at the Institute for Psychodrama practices "Chiron" and Psychodrama therapist at the Association "Space for psychodramatic practices - Something mine". He has started working as a psychologist in 2011. He has professional experience both as psychologist and as a social worker. He is a practicing psychodramatist under supervision since 2013. He has experience in working with children in risk, parents and adoptive parents. Expressed interest in working with people suffering from chronic disorders.

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**MIXING SPACES PROGRAMME\***

**1.**

**PRESENTER:** Dimo Zhechev

**WORKSHOP:** To close unclosed relationships

**INTRODUCTION AND SUMMARY:**

After a person eats his meal, normally he washes his dish, in order to be ready for the next meal. There are instants when this does not happen, because a person is tired or busy with something else. Then the food leftovers in it may become rotten or get crusted. Such dish is washed more difficult and no one will put food in it. Because he knows that no matter how tasty is the new food, when put in a dirty dish it will lose its qualities.

It is clear about the dishes. But how is this with the intimate relations? ... In theory it is the same, while in practice – just the opposite in most cases.

How many times does a person start a new relationship at clean slate? Does he do anything to clean the old one or he doesn't have to do this? Is it true that when people have separated therefore the relationship has ended and the things are clean slate? This is as though to say that when the dish is moved into the sink, it is already clean.

For some relations or aspects of them it is easy to check if they are cover. For others – it is more difficult or help from the outside is necessary.

The consequences of one unclosed relationship can be divided into two groups. The first one is that the new relationships are “seasoned” by the unclosed ones, exactly as though to put food in a dirty dish – it will have the taste of the previous one. And in the worse cases – it will taste as rotten and disgusting. The second group is that each unclosed relationship reduces the capacity for new ones, because the dish is not empty. When it contains leftovers accumulated with the years, the free space for something fresh, new, and wholesome lessens, even there is no space left.

In the course of the Festival first we shall check for several adults whether the relationships are over. And then we shall study one relationship more deeply in order to find what is necessary to close it and how this can be done. We shall do this in a practical way, through the experience, by using representatives.

**INFORMATION ABOUT THE PRESENTER:**

In his work Dimo emphasizes on the experience of suppressed emotions which leads to internal freedom and peace. For this purpose he applies several methods – working with representatives – Family constellations, working with





the body – Osho rebalancing, movement, dances, working with trauma, Tantra, Transessence, Zen consulting, working with the inner child.

## 2.

**PRESENTER:** Dimo Zhechev

**WORKSHOP:** Hurts in therapeutic work

### **INTRODUCTION AND SUMMARY:**

In life every person happens to be hurt or to hurt someone else. With some of the pain a person deals by himself, while for the rest of them, he needs help from somebody else. When a person is deeply hurt he turns for help to a professional, who in the general case is a therapist. Every person dreams his therapist to be awoken enough, in order not to hurt him additionally, while helping him/her to heal his/her “wounds”. This is the dream of each therapist as well. And what in fact is in reality? This would have been possible if the therapist was enlightened. Unfortunately, he isn’t, which is a prerequisite for conscious and / or unconscious infliction of pain in the course of the therapy. One extremely painful theme which is mostly avoided. The therapist is a Person with his/her own “wounds” and personal limitations. He enters with them into the therapy and if he isn’t aware of what is happening, it is possible to direct the therapy into the hurting direction. This could me misconduct with power, sexual extortion, hurt on physical or emotional level.

This workshop is an opportunity for a practical study on the topic of hurting during therapy. Both from the point of view of the client, and that of the therapist. First it is necessary to enlighten what “secondary wounds” are activated in the course of the therapy. Leading to hurting. Once enlightened, a person can seek a remedy for them.

### **INFORMATION ABOUT THE PRESENTER:**



In his work Dimo emphasizes on the experience of suppressed emotions which leads to internal freedom and peace. For this purpose he applies several methods – working with representatives – Family constellations, working with the body – Osho rebalancing, movement, dances, working with trauma, Tantra, Transessence, Zen consulting, working with the inner child.

## 3.

**PRESENTERS:** Elena Kumcheva, Ekaterina Kostova

**WORKSHOP:** „My-your Orchestra”- musical communication, improvisation and relax

### **INTRODUCTION AND SUMMARY:**

We are inviting you to discover your unique sound and to share it with others. We are calling for you to look for <the suitable> for you sound among the others in the group and to have a <conversation>. And what might come out of the shared <conversation>...? 😊

### **INFORMATION ABOUT THE PRESENTERS:**



**Elena Kumcheva:** I have graduated from the pedagogy department at Music and Dance Art Academy – town of Plovdiv – with a bachelor's degree. I hold a Master's degree of a music educationalist from Music and Dance Art Academy, town of Plovdiv. I have been working as a music therapist in the Centre for Social Rehabilitation and Integration of Children with Special Needs – Complex for Social Services for Children and Families since 2008. During this time I have taken part in seminars organized by the Bulgarian Association of Music Therapy. I am a non- associated member. I perform music sessions with children with development issues, special learning needs and issues with social communication. My interests are mainly oriented towards communication through and improvisation with sounds. I also perform Music therapy in groups. In these groups our main objective is to provide room for expressing, sharing and improvising together with the participants through the media of sound and movement.



**Ekaterina Kostova:** I hold diplomas for Bachelor's and Master's degrees from the Plovdiv University 'Paisii Hilendarski'. I graduated as a special educationalist and speech- therapist. I have worked as a social worker in the Complex for Social Services for Children and Families – town of Plovdiv since 2007; and currently I am a head of the Centre for Social Rehabilitation and Integration of Children with Special Needs. Regarding my professional qualification I would like to mention that I have attended a teaching group for personal experience in cognitive- behavioural paradigm; 'Using fairytales in social work'; training in the methods of Relaxation psychomotorics; training in the Montessori method therapy; Working with children with autistic manifestations and hyperactive behaviour. I work in a team which performs individual and group sessions and activities with children with special need and the team's performance is supervised on a regular basis. My interests are related to the different aspects of art therapy while working with children with special needs.

#### 4.

**PRESENTERS:** Ivan Pavlov, Doroteia Panova

**WORKSHOP:** From inside out or How does Art Therapy Operate

#### **INTRODUCTION AND SUMMARY:**

Art therapy differs from other forms of psychotherapy by the presence of a triangular process among the client, the therapist and the image or the created product. The methods of art are a most powerful tool for psychotherapeutic work. They can be utilized with a large range of clients, suffering various disturbances. They can also be made use of for developing the creative potential and for the aims of personal growth. Art therapy can be applied separately or as a supplement within a broad range of institutional contexts. The participants in this workshop will have the opportunity to involve in art therapeutic techniques through making a drawing and exploring their own emotional experience. The dynamics of the process “from inside out” will be practically illustrated.



### INFORMATION ABOUT THE PRESENTERS:



**Ivan Pavlov** – Bulgarian Association of Art Therapy, Psychotherapeutic Institute for Social Ecology of the Personality, psychologist, systemic family therapist, systemic art therapist.

I work in the State Psychiatric Hospital for treatment of drug addiction and alcoholism.

Private psychotherapy practice with families.

**Doroteia Panova** - Bulgarian Association of Art Therapy Psychotherapeutic Institute for Social Ecology of the Personality, psychologist, systemic family therapist, systemic art therapist.



I work in Sofia Municipal daycare center for social rehabilitation and integration of disabled people as a family therapist. Private psychotherapy practice with families.

## 5.

**PRESENTER:** Ivan Ralev

**WORKSHOP:** The role of the play in group work

**INTRODUCTION AND SUMMARY:**

Plays are a universal tool in group work!

They are means for getting acquainted, for animation, for development and management of the group process. Plays are a compulsory element in the training group, class and every formation where a group process is undergoing.

What shall we do in this workshop? We shall play! In this way we shall study the potential of the play techniques and we shall develop our skills for group work.

#### **INFORMATION ABOUT THE PRESENTER:**

Psychologist, pedagogue, family consultant, trainer, certified trainer of the programme Lions Quest of Lions Clubs International Foundation.

My professional experience includes:

- Consultative work with children and youth with behavioral difficulties, parents, families;
- Group work with children and youth (children from institutions, children and teenagers from schools), students and adults (pedagogues, psychologists, social workers, employees, managers).

My interests in the field of interactive training are focused on the development of the skills for group work of the professionals working with people, as a prerequisite for effective group interaction and satisfaction of the involved people.

6.

**PRESENTER:** Krasimira Boneva

**WORKSHOP:** OH cards - the power of associations

#### **INTRODUCTION AND SUMMARY:**

The OH Cards consist of two decks- 88 cards with pictures and 88 with words. They are translated in 24 different languages, including Bulgarian since recently. The cards are designed to expose aspects



of one's personality, which are usually ignored in everyday life. They can be used for play, self-awareness and also to be applied for professional uses.

The OH Cards are a universal helper in the work of psychologists and psychotherapists.

The participants in the workshop will be invited to pick a card. Using the cards and associations, new or long forgotten stories will be told.

Each participant in the workshop will be able to buy a set of OH Cards at a reduced price.

#### **INFORMATION ABOUT THE PRESENTER:**

**Krasimira Boneva**, 36, profession - ecologist.

Psychodrama assistant. Currently in training as a Psychodrama director at the Institute of

Psychodrama Techniques Chiron. Trainers- Kalina Boyadjieva and Georgi Damyanov.

Psychology student at New Bulgarian University.

Experienced in working with addicts in the Therapeutic Community Oktava.

Agent and importer of OH Cards for Bulgaria.

**7.**

**PRESENTERS:** Mila Tsalova, Georgi Atanasov

**WORKSHOP:** Creative writing and psychodrama

**INTRODUCTION AND SUMMARY:**

A little by a way of joke but absolutely in a responsible manner we shall mix up psychodrama and writing. Welcome to this space of free creative writing which we shall start with psychodrama techniques.

We shall construct and deconstruct texts and play images, but in reality. We shall provoke each other and we shall play. We shall provoke each other and have fun. We shall rediscover spontaneity and shall let her lead us to .... wherever it takes us. And then we shall leave written traces.

**INFORMATION ABOUT THE PRESENTERS:**

**Mila Tsalova** is a PhD student in social philosophy, psychodrama assistant professor at Sofia University St. Kliment Ohridski. She specializes in "Philosophy with children" and "Psychodrama with children", she has interests in the field of organizational psychology, methods stimulating spontaneity, creativeness and creative thinking. She provides courses and trainings with children and adults.

**Georgi Atanasov** creates printed materials and Internet pages. For seven years now he has been working in his own advertising agency. He is a psychodrama assistant in a process of training. He is interested in personal development in its various forms. He has participated and been awarded in photography competitions. He supports several personal blogs, participates and initiates projects of social and cultural importance.

**8.**

**PRESENTER:** Rositsa Bozhkova-Mihaylova

**WORKSHOP:** The development of the Self in the time – line

**INTRODUCTION AND SUMMARY:**

From our birth till this day, although we call "Myself" the protagonist of our life, if we review the time line we shall discover different persons in the different stages of our lives. This workshop will meet us with them – some of them forgotten, others twisted by time, but they are equally important for what we are today. We shall look at our path from the time perspective – where do we come from and where are we going to, while connecting with that inner image who pulls us ahead in the journey called life.

**INFORMATION ABOUT THE PRESENTER:**

I graduated psychology. Since 2006 I lead courses and lectures related to pregnancy and giving birth, as well as seminars for personal development. My professional experience is in short-term forms of individual and group work with people. My interests are working in the field of trauma, generational family models and personal development.



**9.**

**PRESENTER:** Sabka Dyakova-Chehovich

**WORKSHOP:** Integrity of body and emotions. Sedona Method to control the negative emotions

**INTRODUCTION AND SUMMARY:**

This workshop studies the direct relation between Emotions – Body – Thought and the way of interaction between them.

**INFORMATION ABOUT THE PRESENTER:**

Sabka Dyakova-Chehovich, psychologist, has a practice in Plovdiv. Writer and author of the book “Fitness for the female soul”. In her work she is oriented towards the methods of the classical psychoanalysis and psycho-physical therapy - EMDR, Sedona method, breathing techniques. She has personal experience in the psychodrama method consisting of 200 hours.

**10.**

**PRESENTER:** Snezhanka Soyanova

**WORKSHOP:** Shaping myself: “Meeting with the polar personality”

**INTRODUCTION AND SUMMARY:**

The art sessions “Shaping myself” set themselves two main tasks:

- therapeutic – release from certain mental and energy deadlocks through working with clay and involvement in an individual creative process;



- getting to know oneself – obtaining specific non-spoken feedback link for ourselves through shaping the clay.

The clay medium is chosen due to the earth and water contained in it. In its earth aspect clay represents a part of the planet containing the memory for its creation. In its water aspect clay is plasticity that allows the creation of something new.

My professional quests as a teacher in sculpture and painting, as well as a presenter of the Art

sessions “Shaping yourself” are to study the creative process as a method of self-development and act of shaping of the human individuality.

### **Art session “Meeting with the polar personality”**

Meeting with our polar personality – likes and dislikes. The dark and light image within us as the two sides of a coin. A game of Light and Shadow. Through clay we have the opportunity to model the things that we do not like in ourselves and then to transform them in what we would like to be, to have ...

During this session we will have a short meeting with the shadow. The shadow is our unlighted mental side, where we can find also enchantingly beautiful things.

#### **INFORMATION ABOUT THE PRESENTER:**



#### **Snezhanka Soyanova**

Sculptor and painter, stage designer, PhD student at the National Academy of Art, Major “Psychology of art, general education disciplines and art education”.

**11.**

**PRESENTERS:** Zhaklina Terzova, Svetlina Koleva

**WORKSHOP:** Fight for the last bite

**INTRODUCTION AND SUMMARY:**

The space between us is the space of relation - a field that we create together with the other and beyond us and himself. Often needs, expectations and desires to one another meet right there behind our backs and otherwise beyond the edge of our attention. System family theory can give us a different perspective of looking at this space beyond - how influences us and how we are able to influence it. Psychodrama helps us to visualize and explore what is happening between us. This workshop uses two approaches to examine a process of interactions.

**INFORMATION ABOUT THE PRESENTERS:**

**Zhaklina Terzova** is a certified psychodrama assistant at Foundation “Psychotherapy 2000”. Also a qualified system counselor using psychotherapeutic methods in practice with individuals, families, groups and teams, certified from Psychotherapeutic Institute for social ecology of personality. Has experience as psychologist in psychiatric hospital for rehabilitation of alcohol and drug dependency.

**Svetlina Koleva** is a psychologist and a certified psychodrama-therapist at Foundation “Psychotherapy 2000”. She is a therapist with private practice and leads a psychodrama group for self-experience. She works as an assistant professor at Sofia University “St. Kliment Ohridski” as part of the Master’s Program “Child and Adolescent Psychology”, teaching a special course “Work with Groups”.

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**PRESENTATION OF POSTER SESSIONS\***

**(FREE ENTRY)**

**POSTER SESSIONS:**

- 1. Psychodrama training organizations and Group Therapy in Bulgaria
- 2. The Association of Psychologists in Bulgaria

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**GENERAL SESSIONS \***

**(FREE ENTRY)**



1.

**PRESENTER:** Galabina Tarashoeva M.D.

**GENERAL SESSION:** Roots and Wings

**SUMMARY :**

1. Where do we come from and where are we going to?
2. How deep are our roots? How wide is the scope of our wings?
3. What is the covenant left by our ancestors? What covenant shall we leave to our descendants?
4. An opportunity to look into ourselves as well as into some of the people around us

**INFORMATION ABOUT THE PRESENTER:**



**Dr. Galabina Tarashoeva**, a pioneer of the psychodrama method in Bulgaria, a **graduate of the Stockholm psychodrama academy and of the European psychodrama institute**. Parallel with her main trainers she was also trained and supervised by **Zerka Moreno**, she has had the chance to work in a team with direct students of Jacob Levi Moreno, such as **prof. David Kipper, Monica Zuretti, Marcia Karp, Ella Mae Shearon, Grete Leutz** and many others. Galabina Tarashoeva opened the Bulgarian door for psychodrama in 1988 by inviting prof. **Rene Marineau (biographer of Jacob Levi Moreno) and Göran Högberg** to a conference in Sofia where they made the first psychodrama workshops in our country. In **1989** she organized the first psychodrama training with main trainers Göran Högberg and Gabrielle Wiesmann-Brun. Being a psychodrama pioneer in Bulgaria and with the support of prof. David Kipper in **1993** she founded the first Psychodrama training center in Bulgaria – Psychodrama Centre Orpheus. After becoming acquainted with the training programmes of centers in Europe, USA, Argentina and Australia, she developed the first for Bulgaria training programme for psychodrama leaders. She is cofounder and first chairman also of the first in Bulgaria psychotherapeutic association, namely the Psychodrama and Group Therapy Association in **1990**. She is cofounder of the Bulgarian Association of psychotherapy and psychological consulting, presently named Bulgarian Psychotherapy Society, of the Psychodrama Institute for Europe (**PIfE**) (**1989 in Amsterdam**), of the Federation of the European Psychodrama Training Organizations (**FEPTO**) (**1993 in Leuven, Belgium**). Since 1993 she is a member of the International Association of Group Psychotherapy and Group Process (**IAGP**), and since **202** – member of the Board of Directors of this

**organization.** In 2012 she organized also the first training in Bulgaria in psychodrama for children with Fabian Blobel from Germany, upcoming is also the first training programme in our country on psychodrama implementation in the treatment of adolescents. In the past 4 years she coordinates and actively participates in five European projects related to the application of psychodrama in the social field, including with the development of a methodology for the application of the psychodrama method in certain activities. Dr. Tarashoeva works on the first in our country clinical research in the field of psychotherapy – efficiency of psychodrama in panic disorders.

2.

**PRESENTER:** Kameliya Hancheva

**GENERAL SESSION:** ...

**SUMMARY:** ...

**INFORMATION ABOUT THE PRESENTER:**

Psychodrama therapist, trainer and supervisor (Psychotherapy2000). Attachment and psychoanalytic understanding of early child development (and development of self in intersubjective perspective); mechanisms of transgenerational transmission; trauma; loss, and mourning are some of the spheres of my more or less long-term quests.

3.

**PRESENTER:** Lyudmila Velichkova

**GENERAL SESSION:** Myself in the World of the Other, the Other in My World

**SUMMARY:**

Our inner world is a product of other worlds. Initially a part of them, and gradually becoming autonomous and containing them. When we are meeting with someone, who meets who, with what and how do we connect?

Within the frameworks of this general session the presenter, together with the participants will try to make visible some aspects of the touching to and connecting with the other.



**INFORMATION ABOUT THE PRESENTER:**

Lyudmila Velichkova is a clinical psychologist, psychoanalytical psychotherapist, psychodrama assistant.

4.

#### **PROGRAMME “WITHOUT REFUGE”**

**PRESENTERS:** Mila Tsalova, Georgi Atanasov

**GENERAL SESSION:** (E)The migrant in me – socio-dramatic research

#### **SUMMARY:**

To leave your home and relatives requires courage and a serious reason. The wanted destination or refuge is a goal related to new opportunities and comfort. On the road to it there are many vicissitudes and dangers. Many parties are involved – with their position or interest in what is happening. The social groups view in a different way this process. Putting ourselves in the place of each one of them, we can try to understand them.

We shall study:

reasons and motivations for e(migration);  
the goal of e(migrants);  
the vicissitudes in the trip towards the refuge (or the promised land);  
the positions of the groups (parties) along the road of e(migration);  
What is to reach the wanted destination?;  
Is there a desire to go back?

#### **INFORMATION ABOUT THE PRESENTERS:**

**Mila Tsalova** is a PhD student in social philosophy, psychodrama assistant professor at Sofia University St. Kliment Ohridski. She specializes in “Philosophy with children” and “Psychodrama with children”, she has interests in the field of organizational psychology, methods stimulating spontaneity, creativeness and creative thinking. She provides courses and trainings with children and adults.

**Georgi Atanasov** creates printed materials and Internet pages. For seven years now he has been working in his own advertising agency. He is a psychodrama assistant in a process of training. He is interested in personal development in its various forms. He has participated and been awarded in photography competitions. He supports several personal blogs, participates and initiates projects of social and cultural importance.

5.

#### **PROGRAMME “WITHOUT REFUGE”**

**PRESENTERS:** Plamen Dimitrov Ph.D., Evgenii Genchev M.D.

**GENERAL SESSION:** We all are refugees – existential refugees from or towards what we are migrating!

#### **SUMMARY:**

Applying the methods of sociodrama simulation in large group we shall explore the social interdependence, meaning-making and problematic manageability of our migrating „from” and „towards” ourselves and human community. At the end of the simulation each participant will have the opportunity to share and integrate his/her experience and changes in relations to the theme and

participants in the process. Our associations with borders crossing and refugees “crisis” would be explored.

**INFORMATION ABOUT THE PRESENTERS:**

**Plamen Dimitrov Ph.D.:** I have thirty year professional experience in the field of clinical, organizational and applied social psychology. I have PhD dissertations in psychology of development, existential and analytical psychological counseling (New School of Counseling and Psychotherapy, London/Amsterdam) and applied social psychology (USA). I am a registered consultant in organizational development. I apply psychodramatic, sociodramatic and sociometric approaches in my work as organizational consultant in various sectors – business, education, social and psychological researches and interventions. I am chairman of the Board of Directors of the Bulgarian Society of Psychologists since 2001.

**Evgenii Genchev M.D.:** I was born in Sofia in 1957. I started my work in psychotherapy in 1976 as a medical student. I have specialized in psychiatry but for years I have been working only with the tools of psychotherapy. My psychiatric qualification and experience are of critical importance for my clinical orientation. My path in psychotherapy goes through different approaches and methods, among which are the group psychotherapy, systematic approach and family therapy, psychodrama until reaching psychoanalysis, which I practice in the recent years and which I believe is the most valuable and successful approach in mental therapy.

**6.**

**PRESENTERS:** Tzvetelina Yosifova, David Ieroham M.D.

**GENERAL SESSION:** ...

**SUMMARY:** ...

**INFORMATION ABOUT THE PRESENTERS:**

**Tzvetelina Yosifova** is a psychodrama therapist and group analyst with individual and group practice in Sofia. She is founder and director of the Centre for culture and discussions “The red house”. She is a lecturer in master’s programme “Artistic psychosocial practices and psychodrama” at NBU. Cofounder and chairman of the Board of Directors of the Bulgarian society for group analysis and group processes. She has publications in the field of psychotherapy, arts and culture.

**Dr. David Ieroham** is a psychiatrist and psychodrama therapist with individual and group practice in Sofia. He is a founder and president of “Psychotherapy 2000” Foundation. He is a lecturer in Master’s programme “Artistic psychosocial practices and psychodrama” at NBU. Consultant and supervisor of the social and educational programmes of the Centre for culture and discussions “The Red House”. Cofounder of the Bulgarian society of group analysis and group processes. Publications in the field of psychotherapy, arts and culture.

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## **EVENING PROGRAMME\***

### **(FREE ENTRY)**

#### **1.**

**MEDIATOR:** Associate Professor Monika Bogdanova

**EVENT:** Cinema and discussion: Film: „Along the road to school“

#### **SUMMARY:**

"Along the road to school" is the story of four children from different parts of the world. Jackson (11 years) who lives in Kenya and twice a day together with his sister goes 16 km through the savanna inhabited with wild beasts, Karlito (11 years) who rides more than 17 km twice a day with his younger sister through the fields of Argentina, regardless of the weather, while Zahira (12 years) lives in Moroccan Atlas Mountains and undertakes exhausting march through the hard mountain pathways together with two friends on the way to the closest school. About Samuel (13 years) who lives in India, the 4 kilometers are a trial for him because he cannot walk and his two younger brothers are pushing his wheelchair along the whole way to school.

#### **INFORMATION ABOUT THE PRESENTER:**

Assoc. Prof. Monika Bogdanova, PhD., D.Sc. is teaching at Sofia University "St. Kliment Ohridski" and working in private practice as psychoanalyst. In the last five years Dr. Bogdanova worked as psychotherapist in Specialized hospital for children with cerebral palsy "St. Sofia" where she received premature babies, children with special needs and their families. Additionally she developed a system for working with patients based on (the principles of) multidisciplinary teamwork.

She has been working for many years as a co-therapist in a group for individual psychoanalytic psychodrama with children deprived of parental care.

Founder of "The Green House" in Bulgaria (2011-2015), currently - Director of Therapeutic Training Center "The Green Yard" and part of the team at the neonatal unit of 1 MBAL- Sofia.

#### **2.**

**MEDIATOR:** Associate Professor Monika Bogdanova

**EVENT:** Cinema and discussion: Film: «Babies around the world»

#### **SUMMARY:**

**The film "Babies around the world"** ("Bebes du monde") tells about the similarities and differences in the nurturing of babies in different cultures – Namibia, Mongolia, Japan, and other countries. The games, the onset of speech, the interest in music and singing, motherhood, community – these are only a few of the key moments in the film.

#### **INFORMATION ABOUT THE MEDIATOR:**

Assoc. Prof. Monika Bogdanova, PhD., D.Sc. is teaching at Sofia University "St. Kliment Ohridski" and working in private practice as psychoanalyst. In the last five years Dr. Bogdanova

worked as psychotherapist in Specialized hospital for children with cerebral palsy "St. Sofia" where she received premature babies, children with special needs and their families. Additionally she developed a system for working with patients based on (the principles of) multidisciplinary teamwork.

She has been working for many years as a co-therapist in a group for individual psychoanalytic psychodrama with children deprived of parental care.

Founder of "The Green House" in Bulgaria (2011-2015), currently - Director of Therapeutic Training Center "The Green Yard" and part of the team at the neonatal unit of 1 MBAL- Sofia.

### 3.

**PRESENTERS:** Silvina Burdzhieva, Sasha Elena Popova

**EVENT:** Awakening the body

**SUMMARY:**

Adventure. Sharing.

In this process we revive the connection with our body and dance together, in order to develop our potential and to open up for numerous opportunities.

**INFORMATION ABOUT THE PRESENTERS:**

**Sasha Elena Popova**

Since 2003 she is interested in the work with the body and self-awareness. During the past two years during pregnancy and the period after that the emphasis on the body returns because of personal experiences.

In 2013 she graduates Bachelor's degree in Primary and preschool pedagogy, presently she studies in Master's programme in School psychology. She has completed courses in: Buddhist meditation and the modern world (University of Virginia), Buddhism and modern psychology (Princeton), Psychological first aid (University Johns Hopkins), Introduction in the science of communication (Amsterdam University).

She lives and works in Sofia.

**Silvina Burdzhieva**

She has completed semestrially the Programme Artistic psychosocial practices.

Extensive experience in groups. She is engaged in improvisation dances and arts.

Fairy – working with flower essences.

### 4.

**PRESENTER:** Stoil Atanasov

**EVENT:** Ding

**SUMMARY:**

No place to hide. Nothing to wear. Except for a mask.

I want your mask – the last thing you own. I want you to have nothing. To lose everything. So we can meet by force. The encounters don't happen voluntarily anymore. The encounter is a rape. And will happen to you. The sooner, the better.

You think I am talking about refugees. You wish.

Please, do not switch off your mobile phones – nobody will call you.



**INFORMATION ABOUT THE PRESENTER:**



Forthcoming graduation as a psychodrama leader from “Psychotherapy 2000” Foundation. He’s been engaged in physical theatre and psychodrama for 15 years. The creator of DING. Loves eating people.

**5.**

**PRESENTER:** Tzveta Baliyska-Sokolova

**EVENT:** Playback Theatre “Here and Now”

**SUMMARY:**



Playback theatre „Here and now” is the first Bulgarian group member of the International Playback Theatre Network. It was established in January 2013 by Tsveta Baliyska – an actress, lecturer, psychodramatist and facilitator. She is also the first representative from Bulgaria at the European Playback Theatre Gathering in Amsterdam in November 2014, as well as the only professional in Bulgaria trained personally by its founder Jonathan Fox (USA). “Here and now” has over 50 performances in different locations in front of large audience.

Leaving the comfort zone is not easy, but always it is a very satisfying experience. The atmosphere created by a playback experience is intimate and provocative in the same time. The performance is exciting, at moments heartbreaking, irritating or very joyful.



#### **INFORMATION ABOUT THE PRESENTER:**

**Tsveta Baliyska-Sokolova** graduated Sofia University St. Kliment Ohridski, Major Social pedagogy. In 2006 – National Academy for Theatre and Film arts “Kr. Sarafov” – Drama theatre acting. In 2013 she graduated Master’s degree in Artistic and psychosocial practices where she studies Psychoanalysis and Psychodrama. She defended Diploma’s thesis related to Playback theatre. She established the company “Here and now” and is artistic director there. Presently she is part of the European project VISI.ON (Visual Impaired Social Inclusion ON), as theatrical expert. In May 2016 she will present her production in Palermo, Italy. She has participated in social projects – for children without parents, with teenagers for prevention of aggression, etc. Tsveta believes that art is the best therapy and that it leads society to social change.

Links to video materials:

<https://www.youtube.com/watch?v=Tr984loKbgo>

<https://www.youtube.com/watch?v=7tfr7YQLaM4>

<https://www.youtube.com/watch?v=LUJko-C1jF0>



**PRESENTER:** Yordanka Hristozova Ph.D.

**EVENT:** Meeting the symptom of the child in the psychodramatic practice - from Moreno to Lacan.

**SUMMARY:**

The presentation reviews the specifics of the psychoanalytical method in the work with children and particularly the way of addressing the symptom. The relationship mother – child is reviewed reflected in the Christian culture. It pays attention to the space for the inventions of the child accompanied by the therapist. It will offer a study case to discuss as well as opportunities for questions.

**INFORMATION ABOUT THE PRESENTERS:**

**Yordanka Hristozova** – PhD in pedagogy, psychotherapist /psychoanalytical psychotherapy/, member of the Bulgarian Society for Psychotherapy, the Bulgarian Society for Lacanian psychoanalysis, NLS.

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**EVENING PROGRAMME \***

**EVENT:** PARTY with music, dancing and ...

**\*ADDITIONAL PROGRAMME INFORMATION:**

**PSYCHODRAMA PROGRAMME** - consists of psychodrama workshops of presenters formed as psychodrama therapists, psychodrama presenters or psychodrama assistants.

**USE OF PSYCHODRAMA PROGRAMME** – workshops by presenters who present their practical experience of psychodrama application in various areas /school, working with children, social work, training, business, etc./

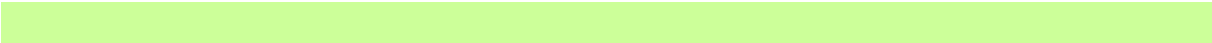
**PROGRAMME «WITHOUT REFUGE»** - includes workshops by presenters in the form of psychodrama-therapist, psychodrama-leader or psychodrama-assistant, studying the topic «Without refuge», taking into account the refugees and/or their patients.

**MIXED SPACES PROGRAMME** consists of psychodrama workshops of presenters formed as psychodrama therapists, psychodrama presenters or psychodrama assistants who experiment through psychodrama and different approach when working with people

**POSTER SESSIONS** - open and free sessions to which all the participants of the Festival are invited.

**GENERAL OPENING AND CLOSING SESSIONS** - open and free sessions to which all the participants of the Festival are invited.

**EVENING PROGRAMME** consists of shows/spectacles, discussions, ateliers, movies, book presentations, etc. For all the participants and guests of the Festival - free entry. Payment required only for the party.



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For more information, please contact the team working on the organization of the Festival at email:  
e-mail: [centaur\\_art@abv.bg](mailto:centaur_art@abv.bg)